

VII National Congress  
Plastic surgery, aesthetic medicine and cosmetology  
December 6-8, 2018  
Radisson Royal Ukraina hotel

## December 6

### Congress Park. Hall No. 1

8:30 – 9:15

Opening Ceremony of the Congress.

*Presidium: N. E. Manturova, T.V. Yakovleva, T.V. Semenova, M.A. Murashko, I.N. Kagramanyan, A.I. Khripun, N.A. Daikhes, I.V. Reshetov, A.A. Kulakov.*

9:15 – 10:30

Session of the profile commission of the Ministry of Health of the Russian Federation

*Chairperson: N.E. Manturova*

10:45 – 12:15

Symposium

Aesthetic face surgery.

Part I

*Co-chairpersons: N.E. Manturova, Sam Hamra, A.I. Nerobeey, V.I. Sharobaro.*

Harmonizing plastic surgery, body proportions.

*N.E. Manturova (20 min.)*

Building the Composite Facelift.

*Lecturer Sam Hamra, Professor, USA (15 min.)*

Lips lipofilling as a component of complex aesthetic face correction.

*Yu.S. Vasilyev, S.A. Vasilyev, V.S. Vasilyev, I.S Vasilyev., I.A. Karpov. (Chelyabinsk) (15 min.)*

Systematization of surgical correction of the lower third of the face and neck "without a trace".

*V.I. Sharobaro, A.E. Avdeev, A.A. Penaev, S.M. Alimov, S.A. Penaeva. (20 min.)*

*Discussion (20 min.)*

## **12:30 - 14:00**

### **Symposium**

**Contour plastics of the body and lower extremities.**

*Co-chairpersons: I.G. Marinicheva, D.A. Sidorenkov, K.A. Kudzaev, A.V. Tokayev.*

Current trends in contour plastics of the lower extremities.

*I.G. Marinicheva (10 min.)*

Plastic surgery of the hips and calves with implants: complications and solutions.

*A.M. Gritsyuk (10 min.)*

Biconvex implants in the contour plastics of the buttocks.

*K.A. Kudzaev (10 min.)*

Abdominoplasty – personal experience.

*S.V. Gagarina (10 min.)*

A new generation of ultrasound-assisted liposuction in body modeling.

*S.V. Sviridov (10 min.)*

Lipofilling in contour plastics of legs and buttocks.

*G.M. Sarukhanov (10 min.)*

Features of X-shaped curvature correction in adults.

*A.A. Artemyev (10 min.)*

Closed osteotomy of the lower pairs of ribs in formation of waist.

*K.A. Kudzaev (10 min.)*

Laparoscopic repair of postpartum diastasis recti.

*V.V. Fedenko (10 min.)*

## **14:15 - 15:45**

### **Symposium**

**Rhinoplasty session. Part I**

**Primary Aesthetic Rhinoplasty. Primary rhinoseptoplasty.**

*Co-chairpersons: V. Gubish, S. Khaak, L.L. Pavlyuchenko, K.B. Lipsky., A.V. Rybakin.*

Multi-slice CT scan as a method for selecting the visualization of nasal structures

*M.O. Dutova, D.V. Davydov, D.A. Lezhnev. (5 min.)*

Our actual concept in dorsal augmentation.

*Wolfgang Gubish (30 min.)*

Rhinoplasty and genioplasty as the most important elements of beautification.

*A.V. Rybakin (10 min.)*

Skin lifting of nasal vestibule, functional and aesthetic aspect.

*K.B. Lipsky, A.G. Aganesov. (10 min.)*

New way to reconstruct nasal septum.

*I.V. Krajnik, K.G. Apostolidi, I.V. Beksha. (10 min.)*

Nasal breathing irregularities.

*Sebastian Khaak (25 min.)*

## 16:00 - 17:30

Symposium

Rhinoplasty session.

Part II

Secondary rhinoseptoplasty. Reconstruction of external nose. *Co-*

*chairperson: F. Bravo, L.L. Pavlyuchenko, K.B. Lipsky, A.I. Rubin, V.V. Zholtikov, K.P. Pshenisnov.*

Key maneuvers in preservation rhinoplasty. Or Innovation in Aesthetic Rhinoplasty: Past, Present and Future.

*F. Bravo (30 min.)*

Experience of using of autografts in the formation of the bridge of the nose.

*A.I. Ukrainsky, A.V. Shumilo, L.S. Ukrainsky, S.V. Bragilev. (10 min.)*

Reconstruction of the middle third of the nose without osteotomy.

*V.V. Zholtikov (10 min.)*

Open/ closed rhinoplasty.

*K.B. Lipsky (10 min.)*

Aesthetic rhinoplasty technique in the treatment of patients with congenital anomalies, acquired deformities and defects of the nose.

*N.L. Korotkova (10 min)*

Preservation of the bridge of the nose without osteotomy.

*V.V. Zholtikov (10 min.)*

*Discussion (10 min.)*

## 17:45 - 19:15

Symposium

Plastic surgery in oncology.

Part II

Co-chairpersons: *I.V. Reshetov, V.A. Sobolevsky., Barnea Yoav.*

Company report of *Implant Medical, OOO*, (not included in the program for the CME)

Evolution of reconstruction of female breast \*.

*Lecturer Barnea Yoav, Israel (30 min.)*

*\*The report was prepared with the support of the companies Johnson & Johnson, LLC and Implant Medical, LLC, and is not accredited by CME points.*

The evolution of DTI reconstructions: from subpectoral installation using nets to prepectoral installation of polyurethane implants.

*V.A. Sobolevsky (15 min.)*

10 years experience in female breast reconstruction with autologous tissues.

*O.I. Startseva, I.V. Reshetov, D.V. Melnikov. (15 min.)*

Quality of life of patients after reconstruction with implants and their own tissues.

*R.B. Azimova (15 min.)*

Company report of *Native – SEBBIN, LLC* (not included in the program for the CME)

Risk factors for postoperative complications of simultaneous reconstructive plastic and oncoplastic operations in patients with breast cancer.

*Bit-Sava E.M. (15 min.)*

Tactics of surgical treatment of inherited breast cancer.

*O.V. Krokhina (15 min.)*

## Congress Park. Hall No. 2

**10:45 - 12:15**

Symposium

Ophthalmoplasty. Efficiency. Safety.

Co-chairpersons: *S.E. Avetisov, Ya.O. Grusha, M.G. Kataev.*

Ocular hypertelorism.

*S.E. Avetisov (15 min.)*

Ptosis of the eyelids.

*M.G. Kataev (15 min.)*

Analysis of errors in the surgical treatment of patients with eyelid and orbital pathology.

*Ya.O. Grusha (15 min.)*

Current trends in the treatment of pathology of the lacrimal passages.

*E.L. At'kova (15 min.)*

Steatosis of Muller's muscle of upper lid

*M.G. Kataev, Z.R. Dzagurova, A.V. Shatskikh (10 min.)*

Effects of shortening of the upper tarsal muscle.

*V.V. Potemkin, E.V. Ageeva (10 min.)*

The method of minimally invasive surgical elimination of paralytic lagophthalmos "reinforcement" of the lower eyelid.

*A.V. Tikhonov, M.K. Safonova, N.I. Bastrikov (5 min.)*

Complications of featural surgery.

*S.S. Danilov (5 min.)*

**12:30 - 14:00**

## Symposium

### Plastic surgery in otorhinolaryngology.

Chairpersons: Yu.K. Yanov, N.A. Daykhes, Kh.T. Abdulkerimov, Kh.M. Diab, V.V. Vinogradov.

#### *Plastics of defects of the middle cranial fossa in otosurgery.*

N.A. Daykhes, Kh.M. Diab, A.E. Mikhalevich, O.A. Pashchinina, D.S. Kondratchikov, P.U. Umarov (10 min.)

#### *The use of metal structures made of titanium in the reconstruction of bone defects of the craniofacial zone.*

Kh.T. Abdulkerimov, T.Kh. Abdulkerimov, Abdulkerimov Z.Kh. (10 min.)

#### *Microsurgical restoration of the facial nerve in intertemporal damages.*

N.A. Daykhes, Kh.M. Diab, A.S. Karayan, D.S. Kondratchikov, A.E. Mikhalevich, E.B. Orlova. (10 min.)

#### *Reconstructive surgery concerning upper respiratory tract diseases. The use of local tissue and displaced flaps.*

S.S. Reshulsky, V.V. Vinogradov. (10 min.)

#### *The method of correction of atresia of the membranous cartilage section of the external auditory canal.*

S.A. Eremin, I.A. Anikin., A.E. Shinkareva. (10 min.)

#### *The results of surgical treatment of bilateral paralysis of the larynx with the use of CO<sub>2</sub>.*

M.Yu. Khoranova, I.I. Nazhmudinov, K.M. Magomedova. (10 min.)

#### *Surgical treatment of subglottic laryngostenosis.*

B.Kh. Davudova, I.I. Nazhmudinov (10 min.)

#### *Endoscopic reconstructive surgery for chronic cicatricial laryngostenosis and stenosis of cervical section of trachea.*

V.V. Vavin (10 min.)

#### *Extended endoscopic approaches for plastic closure of the skull base defects.*

V.M. Averbukh, G.B. Bebchuk, M.Z. Jafarova. (10 min.)

## 14:15 - 15:45

### Symposium

#### A look at blepharoplasty from the point of view of the ophthalmologist and ophthalmoplasty.

Co-chairpersons: I.A. Filatova, S.V. Saakyan, D.V. Davydov.

#### Complications of blepharoplasty, or When shouldn't you perform blepharoplasty?

S.V. Sahakyan (15 min.)

#### Complications after blepharoplasty. What to apply with to the ophthalmologist?

I.A. Filatov (15 min.)

#### Endocrinous ophthalmopathy and blepharoplasty.

*O.G. Panteleeva (15 min.)*

Eye diseases and blepharoplasty.

*E.E. Lutsevich (15 min.)*

Eyelid surgery and orbital interventions.

*D.V. Davidov (15 min.)*

*Discussion (15 min.)*

## 16:00 - 17:30

Symposium

Plastic surgery in oncology. Part I

Head and neck.

Co-chairpersons: *I.V. Reshetov, A.P. Polyakov.*

Restoration of aesthetic and functional insufficiency of the periorbital area after cicatricial deformity in patients with head and neck tumors.

*I.V. Reshetov, V.A. Polshina, M.E. Gaponov. (10 min.)*

Synergism of reconstructive surgery methods in the rehabilitation of oncological patients.

*E.V. Verbo, S.B. Butsan, T.V. Brailovskaya, K.S. Gileva, M. Bolshakov. (10 min.)*

Reconstructive surgery for replacement of postresection facial defects.

*Ivashkov V.A. (10 min.)*

Methods of reconstruction of facial skeleton.

*M.E. Gaponov, I.V. Reshetov, D.S. Svyatoslavov, V.A. Put', V.A. Dub, P.A. Medvedev, A.A. Dolgolev. (10 min.)*

Methods of surgical rehabilitation of patients with oral cavity tumors.

*D.E. Kulbakin, E.L. Choinzonov, M.R. Mukhamedov, E.Yu. Garbukov, A.A. Shiyanova. (10 min.)*

Reconstruction of surgical defects of the oral organs with free reinnervated functional flaps in oncological patients.

*I.V. Reshetov, A.A. Shevalgin, A.A. Rostov. (10 min.)*

Clinical and anatomical rationale for the use of a complex reinnervated skin-muscle chimeric flap to eliminate defects of the tongue in the treatment of oral tumors.

*A.V. Mordovskiy (10 min.)*

Elimination of the defects of the upper jaw using the jugal implants.

*S.A. Epifanov, A.P. Polyakov, D.V. Dorokhin (10 min.)*

Post-microsurgical skills in the treatment of head and neck tumors.

*A.S. Dikarev (10 min.)*

## 17:45 - 19:15

Symposium

Cell technology in plastic surgery. Pilot project of the Center for Active Ageing on the principles of personalized medicine

Co-chairpersons: *S.A. Rumyantsev, . A.I. Trukhanov*

Results and prospects of using geroprotectors in clinical practice of aesthetic medicine specialists.

*S.V. Trofimova (15 min.)*

The principles of molecular detox in programs of aesthetic rehabilitation and health improvement.

*A.O. Kuznetsova (15 min.)*

The role of microelement profile for aesthetic medicine and cosmetology.

*A.V. Skalny (15 min.)*

Correction of mitochondrial dysfunction and nutritional behavioral strategies based on the multidisciplinary approach.

*A.F. Tarasevich (15 min.)*

Genetics in cosmetology. Current state and prospects.

*A. Reznik (15 min.)*

Classification of products based on lipoaspirate and the procedure of their clinical use.

*V.S. Vasiliev, S.I. Grebennikov, S.A. Vasiliev, A.B. Semenova, E.A. Lomakin, G.P. Dimov, Zh.I. Teryushkova, A.V. Vazhenin, Yu.S. Vasiliev, I.S. Vasilyev. (Chelyabinsk) (15 min.)*

## Congress Park. Hall No. 3

### Cosmetology

**10:30-12:15**

Workshop

Festival of Professional Communities: Auger-electron microscopy Session

*Moderators: O.S. Panova, S.L. Zhaboeva*

New aspects of the pathogenesis of photoaging.

*K.T. Astakhov (15 min.)*

The effect of photodamage and age-related changes on the vascular components of the skin.

*G.V. Sofinskaya (15 min.)*

The new concept of prevention and correction of photoaging using collagen therapy.

*E.V. Ikonnikova, A.G. Stenko (15 min.)*

Prevention and treatment of photodamage by peptide co-complexes in combination with quantum technologies.

*E. A. Sanchez (15 min.)*

Modern methods of correction of aesthetic signs of photoaging. Algorithms and treatment protocols in a cosmetology clinic.

*S.L. Zhaboeva (15 min.)*

Analysis of relevant studies and the main trends in the development of photoaging problems in aesthetic medicine (according to the international portal ClinicalTrials.gov).

*A.A. Bolgarina (15 min.)*

*Discussion (15 min.)*

## 12:30-14:00

Satellite Symposium of the Company Ipsen  
Synergy of techniques in aesthetic medicine

*Moderator: A. Redaelli*

Greeting

*N.E. Manturova (10 min)*

Mesotherapy: the basic techniques of aesthetic medicine.

*A. Redaelli (40 min.)*

Dysport: from lifting to volumization.

*N.K. Kobaladze (20 min.)*

Practical aspects of work on facial contouring plastics.

*O.V. Astakhova (20 min.)*

## 14:15-16:30

Satellite Symposium of the Company Bella-systech  
Symposium "Machine cosmetology"

*Moderator: A.A. Zolotarev*

CLATUU device.

*Ichikawa Kota (Japan) (15 min.)*

Ultraformer device.

*E.A. Kolomeytseva (Russia) (10 min.)*

Ulfit device.

*A.L. Kostenko (15 min.)*

CLATUU – master class.

*Ichikawa Kota (Japan) (15 min.)*

Ultraformer – master class.

*E.A. Kolomeytseva (Russia) (20 min.)*

Ulfit – master class.

*A.L. Kostenko (15 min.)*

## 16:00-18:15

Photodynamic therapy

*Moderators: N. Gaidash, N.I. Indilova*



Photodynamic therapy. Biophysical principles of interaction with tissues. Diagnostic and therapeutic capabilities of the technique.

*S.N. Katsalap (15 min.)*

Review of photosensitizers.

*Ponomarev (15 min.)*

PDT in cosmetology and dermatology: from unification to individualization of protocols (includes video demonstration).

*N.I. Indilova (15 min.)*

The use of PDT during the rehabilitation period after the thread implantation.

*N.V. Bochkova (15 min.)*

Basics of photodynamic therapy of acne in patients of different ages.

*A.O. Smolyanova (15 min.)*

The use of PDT in treatment of pyoinflammatory complications of thread-lifting (clinical case).

*Z.P. Amin (15 min.)*

Experience of using PDT in dermatology and cosmetology (clinical studies).

*E.L. Karpova (15 min.)*

PDT in treatment of skin neoplasms and precancerosys

*Yu.S. Romanko (15 min.)*

*Discussion (15 min.)*

## Congress Park. Workshop area No.1

**10:30-11:30**

### Lecture

Modern aspects of functional and aesthetic rhinoplasty

*V.A. Vissarionov (60 min.)*

1. Functional characteristics of nasal breathing;
2. Clinical type of nasal deformities;
3. Technical features of aesthetic surgery in the nose area;
4. Reconstructive surgery for congenital nose deformities;
5. Correction of nasal defects;
6. The main causes of adverse outcomes of rhinoplasty.

**11:45-12:45**

Professor's lecture for young professionals "Tactics and surgical correction for congenital anomalies of eyelids in children."

*I.A. Filatov (60 min.)*

## 13:00-15:00

Longitudinal radial insufficiency (radial clubhand, hypoplasia of the 1st finger).  
Classification, clinic, treatment.

*Professor I. Shvedovchenko, V. Rybchenok, V. Zavarukhin (120 min.)*

## 15:15-17:15

Workshop

HIFU therapy in cosmetology.

*K.A. Ipatov, I.K. Rakhova (120 min)*

## 17:30-19:00

Bariatric session

*Co-Chairperson: N.S Bondar, A.E. Neimark (90 min.)*

Bariatric surgery: situations in the Russian Federation.

*Y.I. Yashkov (15 min.)*

The possibilities of modern bariatric operations.

*V.V. Evdoshenko (15 min.)*

Multidisciplinary approach to bariatric surgery.

*A.E. Neimark (15 min.)*

Principles of Fast Track in Bariatric Surgery.

*E.A. Zorin (15 min.)*

Plastic correction surgery for bariatric patients.

*N.S. Bordan (15 min.)*

# Workshop area No.2

## 10:30-18:30

School of Oncodermatology. The role of dermatoscopy in cosmetology practice.

*Carls Raimonds*

Technologies of modern skin visualization. Cancer and precancerous changes may be determined before the presentations of clinical signs. (15 min.)

The beginner's training in the clinical diagnosis of skin neoplasms. (15 min.)

The role of a cosmetologist in the diagnosis of cancer and precancerous skin diseases. (15 min.)

The value of the client's clinical data for cosmetologist (15 min.)  
ABC of dermatoscopy for cosmetologists. How to learn dermatoscopy in one hour? (15 min.)  
Discussion (15 min.)

## Hotel "Ukraine" Column Hall

10:45-14:45

Online operations. Live broadcast from the operating room.

Aesthetic Breast Surgery: Augmentation, Reduction and Revision.

*Francisco Bravo*

Moderator: V.V. Zholtikov (240 min.)

## Cosmetology

## Hotel "Ukraine", Conference Hall

10:30-12:15

Injection techniques in cosmetology Moderators: L.I. Fillipova, E.E.

*Satardinova*

The choice of injection lifting techniques for the correction of the upper third of a face. E.E. Sardinova (15 min.)

Purpose of Botulinotherapy: how to validate and draw up a treatment plan. Brand preferences. Effect or technique.

V.V. Zorile (15 min.)

Differential signs when choosing Botulinotherapy: the results of comparative studies.

A.A. Sharova (15 min.)

Features of complex correction of young faces.

L.I. Fillipova (20 min.)

Concomitant use of Dysport and M-HA 18.

E.V. Kruglik (15 min.)

Medical and social aspects of the treatment of hyperhidrosis.

*I.S.Vasiliev (15 min.)*

*Discussion (15 min.)*

## 12:30-14:00

**Injection techniques in cosmetology** *Moderators: L.I. Fillipova, E.E. Satardinova*

Micromolecular approach to slimming aesthetics.

*F.Kh. Dzgoeva (30 min.)*

Innovative technology for producing purified stromal-vascular fraction from adipose tissue for the purpose of performing mesotherapy with autologous cells.

*A.V. Melerzanov (30 min.)*

Modern approaches to diagnosis and the possibility of placental therapy as a personalized tool in the framework of the "Age Management Room"

*O.E. Bryantseva (30 min.)*

## 14:15-16:15

**Injection techniques in cosmetology**

*Moderators: E.A. Razumovskaya, A.A. Sharova*

Complicated content of complex issues.

*E.A. Razumovskaya (15 min.)*

Cellular bioreparation of skin with PLINEST polynucleotides.

*I.K. Zhukova Nike-med (15 min.)*

Stromal biolifting based on biomimetic proteoglycans.

*Z.I. Gazitaeva (15 min.)*

Hybrid complexes of thermally stabilized hyaluron (Profilo) – new frontiers of cell reactivation.

*O.M. Rebrova (15 min.)*

Possibility of biovolumetric correction of lips, chin, neck.

*L.I. Kamelina (15 min.)*

Universal protocol for face-modeling with peptide-containing fillers.

*S.V. Prokudin (15 min.)*

Comparative analysis of the properties of mono- and biphasic HA fillers in-vivo and in-vitro.

*I.N. Bondarenko, A.A. Sharova (20 min.)*

Rheology of fillers from the point of view of their practical application.

*Y.Y. Dyachenko (15 min.)*

*Discussion (10 min.)*

# Library Hall

10:30-17:45

## Section for Heads

# December, 7<sup>th</sup>

## Congress Park. Hall No. 1

09:30 - 11:30

Symposium

Aesthetics of the breast.

Part I

*Co-chairpersons: A.M. Borovikov, A.Kh. Ismagilov, I.V. Sergeev*

My understanding of mastopexy.

*Y. E. Narusov (15 min.)*

Company report of *Nike-Med, OOO* (not included in the program for CME)

Planning system of magnifying mammoplasty "natural beauty".

*V.A. Arshakyan (15 min.)*

Commercial report of the company *Amedest, LLC* (not included in the program for CME)

The UK experience with Motiva implants: techniques and complications.

*Marcos Sforca (30 min.)* with consequent translation

"My 17-year long experience in mammoplastica" *O.A. Kononets (15 min.)*

Dynamic changes of various characteristics.

*Y.V. Lebedeva (15 min.)*

11:45-13:15

Symposium

Aesthetic face surgery.

Part II

*Co-Chairpersons: N.E. Manturova, A.I. Rubin, A.I. Zakharov, Dirk Richter, Nikolas Nikolov*

Complications after the introduction of fillers on face and their treatment.

*Dirk Richter (Germany) (20 min.)*

Repeated operations after applying MACS - lift on the face.

*A.A. Bogov, A.A. Bogov- Mladshiy (10 min.)*

Personal evolution of facelift techniques with extended SMAS dissection.

*S.A. Vasilyev, Y.S. Vasilyev, I.S. Vasilyev, V.S. Vasilyev, I.A. Karpov (10 min.)*

Minimally Invasive Neck Contouring with Radio-frequency / Minimally invasive radiofrequency neck liposuction.

*Nikolas Nikolov (20 min.)*

Pre-operative Evaluation of the Neck.

*Nikolas Nikolov (20 min.)*

New principles of simulation training and testing in aesthetic medicine.

*L.V. Adamyan, O.A. Mymbaev, A.A. Stepanyan (10 min.)*

## 13:30-15:00

### Maxillofacial Surgery. Part I

*Chairpersons: A.I. Nerobeev, E.V. Verbo, I.E. Khrustaleva*

Bilateral use of fibular autografts in the elimination of extensive defects of the maxillofacial area.

*S.B. Butsan, K.S. Gileva, A.A. Smal (15 min.)*

Aesthetic rhinoplasty techniques in the treatment of patients with congenital anomalies, acquired nose deformities and defects.

*N.L. Korotkova, E.V. Safyanova (15 min.)*

Dynamic correction of paralytic lagophthalmos.

*G.M. Zukhrabova, A.I. Nerobeyev, K.S. Salikhov, Z.Y. Visaitova (15 min.)*

Comparative analysis of the use of different head areas of donors with free skin grafting in the eyelids.

*M.B. Gushchina, Co-rapporteurs: A.I. Nerobeyev, A.G. Nadtochy (15 min.)*

Search for optimal methods of surgical treatment of patients with jaws osteoradionecrosis.

*E.V. Verbo, A.S. Kraytor, I.I. Babichenko, K.S. Gileva, S.B. Butsan, A.I. Nerobeev (15 min.)*

Psychopathological obsession with surgical interventions.

*D. Z. Kekelidze, A. A. Shmilovich (15 min.)*

*Discussion (5 min.)*

## 15:15-16:45

### Symposium

### Maxillofacial Surgery. Part II

*Chairpersons A.I. Nerobeev, T. Kim Jeong, E.V. Verbo*

Change of concept of head and neck reconstruction.

*T. Kim Jeong (20 min.)*

Combined lipofilling methods in the treatment of patients with cicatricial deformities of the maxillofacial area.

*O.O. Strukova, Z.Y. Visaitova, T.Z. Chkadua (15 min.)*

Clinical experience of the use of FMM-flap in reconstruction of soft tissues of oral cavity.

*K.S. Gileva, E.A. Mironova, A.A. Smal, E.M. Romanova (15 min.)*

Aesthetic approach to bone grafting in the area of congenital harelip, palate and alveolar bone.

*T.Z. Chkadua, K.S. Gilyova, E.M. Romanova, M.A. Mokhirev (15 min.)*

Aesthetic approach to revascularization of flaps in face and neck.

*K.S. Gileva, K.F. Abdullaev, E.M. Romanova, A.A. Smal, E.A. Mironova (15 min.)*

*Discussion (10 min.)*

## 17:00-18:30

Symposium

Reconstructive plastic surgery.

*Co-Chairpersons: Jeong T. Kim, Bessonov S.N., Sukhinin T.Y., Volokh M.A., Mustafaev N.M., Novikov M.L.*

Free perforator flaps from the lateral surface of chest: Perforator flap of the thoraco-dorsal artery

*T. Kim Jeong (20 min.)*

Long-term result of partial face transplant. Summaries on stages.

*M.A. Volokh (15 min.)*

Replantation of segments of the upper extremities with relative contraindications.

*T. Y. Sukhinin (15 min.)*

The use of intercostal nerves in reconstructive surgery of paralysis of the upper limb.

*M.L. Novikov, T.E. Torno, A.V. Fedorov, A.S. Karapetyan, D.S. Druzhinin (15 min.)*

*Discussion (15 min.)*

**Congress Park. Hall No. 2**

**Cosmetology**

## 09:30-11:30

### Symposium

#### In the maze of threads technologies

*Moderators: K.M. Sulamanidze, L.G. Gavasheli*

Surgical facial rejuvenescence after thread lifting.

*G.S. Chemyanov (15 min.)*

Modern techniques of mesothreads production. Dangerous areas of the face.

*S.V. Surovyh (20 min.)*

Classification of the subcutaneous fat distribution on the face and neck. Selection criteria of various thread modifications.

*N.K. Kobaladze (20 min.)*

Liquid and solid polylactic acid. Algorithm philosophy.

*L. Gavasheli (20 min.)*

Double-edged cannula. How is it possible and what is it for?

*K.M. Sulamanidze (15 min.)*

«Round table. Discussion of clinical cases and complications. Discussion». (30 min.)

## 11:45-13:15

### Satellite Symposium the company Merz

#### Symposium «Beauty Complex»: a complex approach to the correction of age-related changes

*Co-chairpersons: E.V. Kruglik, A.V. Saibel, E.E. Satardinova*

Complex correction protocols XEOMIN + RADIESSE + ULTHERAPY.

*E.V. Kruglik (30 min.)*

Rheology volumizing fillers. Why is that important?

*A.V. Saibel (30 min.)*

Forming beauty: possibilities of targeted correction with preparations RADIESSE + XEOMIN + BELOTERO.

*E.E. Sardinova (30 min.)*

## 13:30-15:00

### Symposium

#### Dermato-Oncology: issues of diagnosis, prophylaxis and treatment

*Moderators: Karls Raimonds, N.V. Gaidash*

Modern patient management with high and very high risk of skin cancer in the dermatologist practice. The role of optical and digital dermatoscopy in the early diagnosis of malignant skin tumors.



*Karls Raimonds (Latvia) (15 min.)*

Skin neoplasms in the cosmetologist practice: frequent mistakes and rules their prevention.

*A.V. Michenko (15 min.)*

Seborrheic keratosis in the cosmetologist practice.

*N.B. Tolstixina (15 min.)*

Dermato-Oncology in the cosmetologist practice. What and how to remove or not?

*D.N. Kushkin (15 min.)*

Practical aspects of laser destruction of melanocytic skin neoplasms.

*R.R. Sitburxanov (15 min.)*

Laser consequences correction of surgical neoplasms treatment and cosmetic skin defects.

*V.A. Semisazhenov (15 min.)*

## 15:15-17:30

Festival of professional communities: session MARS (Interdisciplinary association of reproductive medicine specialists)

*Moderators: VE Radzinsky, E.S. Silantyeva, M.R Orazov*

Non-surgical perineal design.

*V.E. Radzinsky (15 min.)*

Monotherapy or complex of procedures in aesthetic gynecology? We are looking for a balance between price and result.

*E.S. Silantyeva (15 min.)*

Vulvovaginal "aging" – age management.

*M.R. Orazov (15 min.)*

Myths of pelvic floor thread implantology.

*D.G. Aryutin . (15 min.)*

Vulvar: from norm to disease, from theory to practice.

*T.N. Bebneva (15 min.)*

Complex treatment techniques in aesthetic gynecology.

*L.Yu. Ugryumova (15 min.)*

Contour injection plastics of the soft tissues of the vulvar and vagina.

*O.I. Klimova (15 min.)*

Rectocele and levatoroplastics - effective, but not always beautiful.

*M.S. Lologaeva (15 min.)*

**Congress Park. Hall No. 3**

# Cosmetology

**09:30-11:30**

Modern technologies aimed at improvement in the quality of the skin

*Moderators: N. Yu. Bychkova, E.V. Ikonnikova*

Hyperpigmentation – therapy issues.

*N.Yu. Bychkova (30 min.)*

Dermatodyschromia: difficulties, opportunities and therapy prospects.

*E. Ikonnikova (15 min.)*

New, patented, exclusive Russian-manufactured fillers – 2018. Scientific and clinical validation.

*E.A. Kostkina (15 min.)*

Necessity for fractionation methods of influence in the complex facial rejuvenation.

Comparison of existing technologies.

*K.A. Burmistrov (15 min.)*

Integrated care as a gold patient management standard.

*A.A. Sharova (15 min.)*

Cosmeceutics by dr. ZEIN OBAJI: pathogenetically substantiated skin care.

*S.A. Melnikova (15 min.)*

*Discussion (15 min.)*

**11:45-13:15**

Festival of Professional Communities: Session NADK (National Alliance of Dermatologists and Cosmetologists). Opportunities of dermatologists and cosmetologists promoting related specialists

*Moderators: N.N. Potekaev, V.V. Petunina*

Opening speech.

*N.N. Potekaeva*

Algorithm of the patient's actions with acne on the way toward healthy skin.

*V.V. Petunina (15 min.)*

Acne from the perspective of comorbid mental pathology.

*N. Volkova (15 min.)*

Cosmetology techniques in the appearance rehabilitation of oncohematological patients.

*O.I. Rassohina, E.A. Shuginina (15 min.)*

Dermatosis or tumor? Dermatooncologist cosmetologist.

*O.N. Karymov (15 min.)*

Alopecia in oncological patients: features of pathogenesis and approaches to prophylactic and treatment.

*A.V. Michenko, I.B. Kononenko (15 min.)*

The use of botulotoxin in the complications treatment of herpes zoster.

*N.N.Potekaev, O.R. Orlova, O.L. Vnukova (15 min.)*

## 13.30 -15.00

Stress in cosmetology. Problems and solutions

*Moderators: E.Z. Parsagashvili, E.V. Petunina*

Hormetic as a key principle of working with patients in a state of chronic stress.

*A.S. Smitneva (15 min.)*

Dialogue of skin and cortisol.

*M.V. Rusova (15 min.)*

Botulinotherapy and stress.

*E.Z. Parsagashvili (15 min.)*

Physiological aspects of stress in women during mesotherapy procedure .

*N.A Chigrova, V.V. Petunina (15 min.)*

Laser complications as a stress for the doctor and patient.

*N. Kalashnikova (15 min.)*

All right, just stay calm! Biorevitalization as a recovery place of self-regulation sensitive skin.

*Yu. Lyashenko (15 min.)*

## 15:15-16:45

Satellite Symposium of the company Martinez.

Rules for the injections of neuroprotein type A and bioreparants in rejuvenation programs FORCE.

*Moderators: N.P Mikhailova, I.A. Parfenova*

Current trends and practical aspects of the work of neuroprotein type A: FULL FACE, Moving Face, preventive botulinotherapy using the example of Botulux®.

*I.A. Parfenova (15 min.)*

HYALREPAIR® technology bioreparation: a new generation technique. The unique properties of bioreparants. Effective techniques and practice cards.

*N.P. Mikhailova (30 min.)*

Clinical and morphological characteristics of the rugulose type. The difficulties of injectible correction and their solution techniques.

*I.A. Parfenova (15 min.)*

Contouring of inert faces – correction of stored fat and antiptotic effect. FORCE-program is an enhanced combined course. The optimal sequence of procedures and high-performance charts of injection.

*N.P. Mikhailova (15 min.)*

Photoaging: rhytides, pigment pieces, rosacea. FORCE-programme (botulinotherapy and bioreparation): protocols and introduction techniques.

*I.A. Parfenova (15 min.)*

## Congress Park. Workshop area No.1

**09:30-11:30**

Workshop "Rhinoplasty"

*V.V. Zholtikov*

**11:45-13:15**

**Class "Children plastic and reconstructive surgery."**

**Part II**

*Co-chairpersons: V.A.Mitish, V.V.Rybchenok, S.V.Golyana*

Microsurgical transplantation of the fibular bone as the optimal method for closing extensive bone defects by the treatment of children fibrous dysplasia (or extensive post-traumatic bone defects).

*S.I.Golyana, A.V.Govorov, T.I.Tikhonenko (15 min.)*

The use of the lateral flap in the elimination of polyphalanges of the 1st finger in children.

*V.I.Zavaruhin (15 min.)*

Secondary reconstructions with the consequences of intranatal affects of the brachial plexus.

*M. L.Novikov, T. E.Torno (15 min.)*

Reconstructive and plastic surgery in the treatment of osteomyelitis of the long bones in children.

*V. A.Mitish, P. V.Medinskiy, R. T.Nalbandyan, A. V.Nikonov . (15 min.)*

Surgical treatment of congenital and acquired vascular pathology in children in the conditions of the department of reconstructive microsurgery.

*A.V.Alexandrov, N.E.Aleksandrova, I.E.Galibin, P.V.Goncharuk, V.V.Rybchenok, R.A.Khagurov (15 min.)*

Reparative operations for polyvisceral exsections of head and neck in children.

*N. S.Grachev, I.N.Vorozhtsov, N.V.Babaskina, G. A.Polev, M.P.Kalinina, I.V.Zyabkin. (15 min.)*

**13:30-15:00**

Workshop "Mapping in mammoplasty is a result prognostication"

*A.M.Borovikov (90 min.)*

**15:15–17:15**

**Polydactyly of hand in children. How I do it.**

*Professor I.V.Shvedovchenko (120 min.)*

## **Congress Park. Workshop area No.2**

**10:00-16:00**

Workshop

Author's approach to surgical rejuvenescence of the eyelids, midface and facial contours. Features of surgical approach of tbody contouring operations (author's workshop)

*Moderators: Sam Hamra (6 hrs.)*

**16:15-17:45**

Workshop

***Surgical algorithm of the limb form correction***

*I.G.Marinicheva (90 min.)*

## **Hotel Ukraine. Hall Summer**

**09:30-11:30**

**Online operations. Live broadcast from the operating room.**

Volumetric upper lid blepharoplasty with internal fat fixation.

*Dirk Richter (120 min.)*

*Moderator: V.I.Sharobaro*

**13:00–15:00**

**Masterclass Framework Reconstruction in Rhinoplasty and how to achieve a balanced nose.**

*Sebastian Haack (120 min.)*

**16:00-17:00**

Masterclass lecture "Failed Rhinoplasty: what to do"

*Wolfgang Gubish (60 min.)*

**17:15-18:15**

Masterclass lecture "Cleft nose surgery"

*Wolfgang Gubish (60 min.)*

## **Hotel Ukraine, Conference Room**

### **Cosmetology. Clinics review.**

## **Hotel Ukraine, Hall Library**

**09:30-11:30**

Class. Plastic and reconstructive surgery in children. Part I

*Chairpersons: V.V.Rybchenok, M.A.Mateev, I.V.Shvedovchenko*

Vascularized fibular graft in combination with the Ilizarov apparatus in the treatment of inborn false joints.

*M.Mateev, A.Imanaliev (15 min.)*

Experience of using of high-speed waterjet surgery and fractional laser ablation in the treatment of children with postburn skin scars

*L.V.Shurova, L.I.Budkevich, O.I.Starostin, A.A.Korsunsky*

Reconstructive surgery for malformations of the chest wall in children.

*A. Yu.Razumovsky, A. B.Alkhasov, Z. B.Mitupov, D. N.Dallakyan (10 min.)*

Options for muscle flaps to rehabilitation of active flexion in the elbow joint in children with soft pareses

*E.A.Kochenova, O.E.Agronomich, A.G.Baindurashvili, A.B.Oreshkov, S.I.Trofimova, E.VPetrova., D.S.Buklaev (10 min.)*

Hand polydactyly in children – classification, clinic, treatment.

*I.V.Shvedovchenko, A.A.Koltsov (15 min.)*

Aesthetic, individual approach in choosing the method of treatment of infant hemangiomas.

*A. G.Denis, I. A.Abushkin, O. A.Gavrilova, I. S.Vasilyev, N. F.Kolyadov., V. O.Lapin, M.Ya.Galiulin (10 min.)*

## 11:45-13:15

Complications in cosmetology, dermatovenerology and plastic surgery: an algorithm for cross-disciplinary patient management, regulatory support.

*Moderators: V.V.Uiba., A.N.Plutnitsky, A.S.Samoilov, E.V.Lipova*

The possibilities of rehabilitation of patients with complications after cosmetological, dermatovenerological and surgical procedures at the Federal State Budgetary Institution State Scientific Center Federal Medical Biophysical Center n.a. A.I. Burnazyana Federal Medical and Biological Agency of Russia.

*V.V.Uiba, A.S.Samoilov, E.V.Lipova (20 min.)*

Cell technologies in the rehabilitation of patients with disabling complications in cosmetology, dermatovenerology and plastic surgery. Practical expertise.

*T.A.Astreлина (20 min.)*

Rehabilitation after plastic surgery. Approaches, principles, schedules.

*S.V. Kruglik. (Kaliningrad) (10 min.)*

Classification and clinical trials of post-injection complications in cosmetology. Algorithm of interdisciplinary patient management.

*I.I. Glazko. (10 min.)*

Classification and clinical trials of complications after the destruction of skin and mucous membranes benign tumors. Algorithm of interdisciplinary patient management.

*A.S. Chekmaev. (10 min.)*

Complications of the use of genetically engineered biological drugs in the treatment of severe dermatoses.

*M.R. Rakhmatulina. (15 min.)*

## 13:30-16:30

Session: Alliance of gynecologist, cosmetologist and plastic surgeon. New details. Evolution of aesthetic gynecology

*Co-chairpersons: L.V. Adamyan, I.A. Apolikhina.*

Innovative approaches to aesthetic medicine and reconstructive surgery in gynecology. Age dimensions.

*L.V. Adamyan, V.O. Dementieva. (30 min.)*

Laser technology of rejuvenation of the intimate area and the solution of delicate issues in aesthetic gynecology.

*A.S. Permyakov. (15 min.)*

Aesthetic effects of hormone therapy in gynaecological practice.

*V.N. Kasyan.*

Stages of development of aesthetic gynecology: proven and effective.

*I.A. Apolikhina, G.T. Sukhikh. (30 min.)*

Pixel CO2 technology for the treatment of atrophic problems of the vaginal mucosa and stress urinary incontinence as the most gentle and effective method of exposure.

*L.V. Myslovich, N.A. Rekvava, L.V. Adamyan. (20 min.)*

Total effectiveness and safety of laser procedures in gynecology. Balance, giving birth to beauty.

*I.A. Kulikov. (20 min.)*

Intimate contour plastics in aesthetic gynecology.

*A.V. Sokolova. (20 min.)*

Sexual dysfunction and dysfunction of woman's pelvic organs. Role of new technologies in correction.

*V.N. Kasyan. (20 min.)*

Innovative approaches to training in the field of aesthetic gynecology. Role of simulation technology.

*L.V. Adamyan, O.A. Mymbaev, A.A. Stepanyan (20 min.)*

*Discussion (10 min.)*

## 17:00-18:30

### Contest for Young Scientists

*Jury: N. E. Manturova, K.P. Pshenisnov, S.V. Prokudin, V.V. Zholtikov, A.V. Rybakin, V.I. Sharobaro*

Investigation of anatomical conditions for primary thinning and modeling of the perforator flap of anterolateral thigh surface.

*K.F. Abdullaev. (7 min.)*

Options of lip surgical correction.

*A. A. Bogov-Mladshy. (7 min.)*

Clinical implications of diagnosis of venous angiodyplasia of maxillofacial area in childhood.

*L.V. Voznitsyn. (7 min.)*

Adipose dystrophy of Muller muscle of upper eyelid is a little-studied etiological factor of acquired ptosis of upper eyelid, proven by clinical and histopathological methods.

*Z.R. Dzagurova. (7 min.)*

Current thinking on the use of reinforced composite endoprotheses in the treatment of children and adolescents with defects and deformities of the jaws.

*I.V. Dmitrieva. (7 min.)*

Improving the algorithm of surgical treatment of mandibular deformities after ankylosis of the temporomandibular joint in children.

*S.A. Kalinina. (7 min.)*

Postoperative scar on the neck as a complication. Endoscopically associated approach to the removal of benign neck neoplasms.



*T. E. Kolegova. (7 min.)*

Reconstructive surgery of mandibular defects with vascular autografts.

*M. Yu. Logvinenko. (7 min.)*

Comparative evaluation of methods of osteosynthesis in fractures of the orbital complex.

*P.S. Petruk. (7 min.)*

Surgical method of correction of secondary ptosis of ball-in-sock mammary glands using proper connective tissue capsule.

*O.V. Stefkivskaya. (7 min.)*

Experience of combined use of cartilaginous autografts and Surgicel tissue in correction of contour disorders of bridge of the nose.

*L.S. Ukrainsky. (7 min.)*

## Ukraina Hotel, Almanakh Hall

### Section for Heads

# December 8,

## Congress Park. Hall No. 1

09:30-11:30

Symposium

Aesthetics of the breast.

Part II

*Co-chairpersons: O.I. Startseva, O.L. Nikitin, D.V. Melnikov.*

As a professional, I choose polyurethane coated implants. 12 years of personal experience of using. Obvious advantages. Installation features. Classification of complications.

*Dmitry Batyukov (30 min.)*

My evolution of implant pocket.

*I.N. Vasilenko. (15 min.)*

Hypomastia in funnel chest deformity. Tactic of treatment.

*R.T. Adamyan, M.V. Dovgopolya, V.A. Kuzmichev, G.E. Dashtoyan. (15 min.)*

Adhesive bandage in breast surgery.

*A.K. Dzottsoev, Yu. S. Egorov. (15 min.)*

Method of breast endoprosthesis with preservation of the abdominal portion of pectoralis major muscle.

*N.V. Zelenin, V.N. Zelenin. (15 min.)*

Augmentation Mammoplasty: Is volume important?

*D.V. Melnikov. (15 min.)*

*Discussion (15 min)*

## 11:45 - 13:15

Symposium

Aesthetic face surgery.

Part III

*Co-chairpersons: A.E. Avdeev, V.E. Tapia, A.A. Iskornev.*

Possibilities of minimally invasive facelifting with limited tissue dissection.

*I.B. Kazantsev, A.I. Tsukanov, V.I. Seryakov. (15 min.)*

Medial zone issues in upper blepharoplasty.

*Yu.V. Przhedetsky, V.Yu. Przhedetskaya. (15 min.)*

Blepharoplasty: limited tightening of midface through blepharoplastic access – opportunities and constraints.

*V.V. Zholtikov (15 min.)*

RHINOPLASTY: Ideal result – reality or unattainable goal?

*V.E. Tapia. (10 min.)*

Blepharoplasty, how to predict the result after cosmetic correction. Difficulties related to the use of hyaluronic acid.

*S.V. Kruglik. (10 min.)*

Organization of educational anatomical courses in CME system for aesthetic medicine specialists.

*N.E. Manturova; A.V. Gushchin; E.A. Mishurinskaya; P.A. Lopanchuk.*

## 13:30-15:00

Symposium

Aesthetics of the breast.

Part III

*Co-chairpersons: N.P. Korableva, Z.V. Kurbaeva, A.E. Avdeev.*

Capsular contracture after breast implantation formation predicting method.

*Ch.K. Mustafin. (15 min.)*

Vertical mammoplasty with complete preservation of volume of breast tissue.

*I.A. Kunpan. (15 min.)*

Late seroma after breast endoprosthesis.

*S.A. Plaksin. (15 min.)*

Augmentation Mammoplasty: Is volume important?

*D.V. Melnikov. (15 min.)*

Composite breast augmentation. Fashion trend or necessity.

*D.V. Melnikov. (15 min.)*

Mammoplasty: possibilities of correction of hyperplastic asymmetry of mammary glands.

*N.P. Korableva. (15 min.)*

## 15:15-16:45

Symposium

Reconstructive breast surgery in oncology

*Co-chairpersons: A.M. Borovikov, A.D. Zikiryakhodjaev, Kh.M. Gubaydulin.*

Differentiated approach to the use of auxiliary surgical methods for total reconstruction of breast by lipographing.

*V.S. Vasilyev, S.A. Vasilyev, Yu.S. Vasilyev, I.S. Vasilyev, A.B. Semenova, Zh.I. Teryushkova, G.P. Dimov., E.A. Lomakin. (Chelyabinsk) (15 min.)*

Breast reconstruction DIEAP-three-hour flap: myth or reality.

*D.V. Melnikov, O.I. Startseva, S.I. Ivanov, M.E. Sinelnikov, D.A. Makarenko. (15 min.)*

Prepectoral installation of polyurethane implant with simultaneous reconstruction in patients with breast cancer.

*A.S. Sukhotko (10 min.)*

Liposuction and lipofilling in rehabilitation of patients with breast cancer.

*M.V. Ermoschenkova (10 min.)*

Relapse after radical subcutaneous mastectomy with simultaneous reconstruction in patients with breast cancer.

*E.A. Rasskazova (10 min.)*

Simultaneous reconstruction of mammary gland with the use of additional shelter of the lower slope. Morphological features of capsule.

*I.M. Shirokikh. (10 min.)*

*Discussion (5 min.)*

## 17:00-18:30

Symposium

Septoplasty and Rhinoplasty.

Analysis of complications of rhinoplasty and septoplasty. Etiology.

Epidemiology. Perforation of nasal septum. New in the closure of perforations. Prevention of nasal septum perforations

*Co-chairperson: N.A. Daykhes, L.L. Pavlyuchenko, Yu.Yu. Rusetsky, K.B. Lipsky, V.M. Averbukh.*

Part 1. Primary septoplasty in rhinoplasty

Basic techniques of septoplasty.

*V.M. Averbukh (10 min.)*

Biomechanics of nasal septum.

*Aganesov (10 min.)*

Endoscopic septoplasty.

*Yu.Yu. Rusetsky (10 min.)*

Glue septoplasty and cartilage reimplantation.

*N.V. Sergeeva (10 min.)*

Endonasal septoplasty in asymmetrical and curved noses.

*L.L. Pavlyuchenko (10 min.)*

Part 2. Revision septoplasty and perforation plastics

Reconstruction of the anterior-upper area of septum in secondary rhinoplasty.

*D.V. Agapov (10 min.)*

Plastic perforation of nasal septum by return flap.

*Yu.Yu. Rusetsky (10 min.)*

Endoscopic plastic perforation of nasal septum with arterized flap on ethmoid arteries.

*V.M. Averbukh (10 min.)*

Discussion (10 min.)

## Congress Park. Hall No. 2

### Cosmetology

09:30-11:30

Festival of professional communities: MOOSBT session (Interregional Public Association of Botulinum Therapy Specialists)

*Moderator: O.R. Orlova*

Parameters of facial part of the skull – tips on the path to the success of aesthetic botulinum therapy.

*O.M. Kapuler (20 min.)*

Time travel with botulinum therapy. Long-term programs for the use of botulinum neuroprotein.

*L.I. Filippova (20 min.)*

Individual approach to the correction of masticatory hypertrophy in botulinum therapy.

*M.I. Soykher (20 min.)*

Structural face aging – consequence of facial muscles activity? Necessity for botulinum therapy as prevention of aging.

*E. B. Shchelokova (20 min.)*

"Pitfalls" of botulinum therapy: how to read instructions for BT drugs?

*M.N. Vyskub. (20 min.)*

What awaits us in aesthetic botulinum therapy in the future?

*O.R. Orlova. (20 min.)*

## 11:45-13:15

Satellite Symposium of the Company Ipsen

Focus on the patient: features of work, correction techniques, prevention of undesirable effects when using botulinotherapy *Moderators: E.I.*

*Gubanova, E.Z. Parsagashvili*

International Patient Satisfaction Survey in adjustment of eyebrow rhytides with Dysport.

*E.I. Gubanova. (20 min.)*

Methods for pronounced correction of eyebrow rhytides with Dysport. *A. N.*

*Saromytskaya (20 min.)*

Prevention of undesirable events in botulinotherapy.

*E.Z. Parsagashvili (20 min.)*

Themis and Hippocrates: union of law and medicine.

*L.E. Shafikova (20 min.)*

## 13:30-15:00

Festival of professional communities: OSMNT session (Society of Medical Thread Technologies Specialists). Standards in thread implantology

*Moderator: D.A. Gruzdev, E. Kruglik.*

Legal issues in thread implantology.

*Lystsov M.G. (15 min.)*

Cabinet equipment when working with thread implants. Aseptic and antiseptic.

*Kodyakov A.A. (15 min.)*

Classifications in thread implantology as the basis for standardization of the method.

*Gruzdev D.A. (15 min.)*

Complications of thread methods in cosmetology. Classification and treatment standards.

*Kruglik E.V. (15 min.)*

Standardization of filament patterns in upper third of the face.

*Amin Z.P. (15 min.)*

Standardization of filament patterns in middle third of the face.

*Kruglik S.V. (15 min.)*

Standardization of filament patterns in lower third of the face.

*Shakula S.V. (15 min.)*

**15:30-17:00**

Skin Technology Satellite Symposium

Cosmetic triunity: anatomy, science, practice. Actual doctor competence.

*Moderator: S. Kovaleva.*

Non-surgical rhinoplasty: new approaches and analysis of complications.

*A. Gamidov (30 min.)*

Autologous plasmagel is a biologically neutral, non-traumatic instrument of aesthetic medicine.

*E. Sibrina (30 min.)*

Modern thread lifting. Balance of effect and safety

*S. Kolodiychik (30 min.)*

## **Congress Park. Hall No. 3**

### **Cosmetology**

**09:30-11:30**

Hi-Tech in machine cosmetology

*Moderators: Gaydash N.V., Bragina I.Yu., Sheptiy O.V.*

Dualism of the reciprocal interaction of the machine technologies with biological tissue.

*A.S. Smitneva (15 min.)*

Laser-associated drug delivery. To whom? Where? What for?

*Bykovskaya T.O. (15 min.)*

"Hidden hazards" of laser tattoo removal.

*Kalashnikova N.G. (15 min.)*

Pathogenetic underpinning for the hyperpigmentation correction using the machine technologies .

*Bragina I.Yu. (15 min.)*

VelaShape. Hollywood level body shaping. What aspects of technology provide VelaShape III leadership .

*Kalenova N.E. (15 min.)*

Cicatricial deformities: how to improve the efficiency of the procedure, combination protocols.

*Saromytskaya A.N. (15 min.)*

The use of a pulsed dye laser for the treatment of the vascular malformations.

*Koroleva I.V. (15 min.)*

High-intensity technologies. New trends.

*Gaidash N.V. (15 min.)*

## 11:45-14:15

### Hi-Tech in machine cosmetology

*Moderators: Gaydash N.V., Bragina I.Yu., Sheptiy O.V.*

TMA as a possible alternative to laser and RF technologies.

*Haytun A. (15 min.)*

Combined technique of RF-lifting, non-invasive carboxytherapy and Ultraphonophoresis: experience.

*Zabnenkova OV, Baranova E.L. (15 min.)*

Laser procedures in the period of menopause. Algorithms.

*O.V. Sheptiy (15 min.)*

Possibilities of rejuvenescence of the upper face, with target work on the upper and lower blepharons. Safety confirmed by an ophthalmologist.

*O.O. Khodova, M.A. Karpilova (15 min.)*

Nanofractional radiofrequency ablation is a game changer in the correction of the periorbital region.

*O.A.Koshelnik (15 min.)*

How to lose weight – What? To whom? What for?

*G. A. Manushakyan (15 min.)*

Reactivation of the skin collagenous matrix in a package rejuvenescence programme.

*N. Volkova (15 min.)*

The possibilities of combining the radiofrequency technique and amino-acid replacement therapy in a complex correction.

*M.P. Chernysheva (30 min.)*

One step to the flawless figure. A new stage in the development of cryolipolysis (LN-cosmetics).

*K.A. Burmistrov (15 min.)*

## 14:15-16:00

### Regenerative medicine and autoplasmotherapy

*Moderators: Yu.N. Bykova, L.A. Titova*

The use of new technology to obtain heat-treated modifications of platelet autoplasm for the correction of age-related changes in the soft tissues of the face and body. (Voronezh)

*Yu.N. Bykova, L.A. Titova (15 min.)*

The underpinning for the use of plasma with sodium citrate for plasmotherapy. (St. Petersburg) *I.V. Krajnik, A.V. Il'in, T.S. Solovyova, A.I. Krajnik (15 min.)*

Synergism of high-value techniques: the concomitant use of Thread Lifting with PRP-therapy.

*T.V. Ileshina (15 min.)*

Autoplasmotherapy in trichology.

*E.S. Gretsova, A.A. Sharova (15 min.)*

Remodeling of the facial soft tissues with autologous plasmagel.

*E. Selivanova (15 min.)*

*Discussion (15 min.)*

## Workshop area No.1

09:30-11:30

Online operations. Live broadcast from the operating room.

Operation: Upper and lower blepharoplasty with the advancement of the orbital septum, the author's technique

*Sam Hamra*

*Moderator: A.I. Zakharov (180 min.)*

## Workshop area No.2

09:30-11:30

The modern methods of the conduction anesthesia under the control of the supersound in plastic surgery.

*V.N. Lykhin (120 min.)*



**12:00-13:00**

Section for the heads of the plastic surgery departments

*Moderators: N.E. Manturova, I.V. Reshetov*

**13:00-14:30**

Workshop.

Intimate plastic

*S.V. Gagarin (90 min.)*

**14:45-17:45**

Workshop.

Forming a narrow waist with retaining ribs

*K.U. Kudzaev*

## Hotel "Ukraine", Conference Room

**09:30-13:30**

Symposium

Dermatology in cosmetology: the "gold" standard in creating a harmonious image of patients.

*Moderators: prof. E.R. Araviyskaya, A.I. Bogatenkov*

New within the meaning of acne.

*E.R. Araviyskaya (30 min.)*

A new directions of cosmetic correction of inflammatory and non-inflammatory acne.

*L.V. Kirsanova (20 min.)*

Dermic markers of metabolic syndrome: cosmetological component.

*E.V. Sokolova (30 min.)*

Cryolipolysis is a new method for body shaping in metabolic syndrome: efficacy and safety.

*O.A.Koshelnik (20 min.)*

Keratosis seborrheic and actinic: upgrade.

*A.A. Maksimova (20 min.)*

*Break (15 min.)*

Modern scar therapy.

*Luc Teot (30 min.)*

Combined post-acne laser therapy.

*D.S. Urakova (15 min.)*

Clinical case of treatment of dermal-subdermal atrophy after subcutaneous injection of glucocorticosteroids. (St. Petersburg)

*A.V. Reznik (15 min.)*

Approach 360 in creation of an optimal patient management plan.

*E.R. Araviyskaya (15 min.)*

*Discussion (15 min.)*

## 13:30-15:00

### Complications in cosmetology

*Moderators: I.E. Khrustaleva, O.V. Zabnenkova*

Prevention of the patients' of aesthetic profile postprocedural complications and untoward events. Analysis of clinical and medicolegal expert experience.

*N.A. Shevchenko (15 min.)*

Rare complications after injection techniques: fortuity or regularity.

*O.V. Zabnenkova (15 min.)*

Vascular complication. Clinical case.

*E.E. Sardinova (15 min.)*

The role of the herpetic infection in the complications of CP.

*N.I. Indilova (15 min.)*

Hyperbaric oxygenation in the treatment of complications.

*E.Ya. Kolchina (15 min.)*

Bdelotomy in the treatment of thrombosis after the fillers injection.

*N.S.Sergeeva (15 min.)*

Algorithms for maintenance of medical emergencies for cosmetologists.

*Alexey Khaytun (Israel) (15 min.)*

## Hotel Ukraine, Column Hall

### 09:30-11:30

#### Plastic surgery in orthopedics and traumatology. Microsurgery

*Co-chairpersons: I.O.Golubev, A.M.Borovikov, V.F.Baitinger, K.P.Pshenisnov*

\*Documentation of the learning event held in the Column Hall is presented to the Commission for the evaluation of learning events and materials for **continuing medical education**.

The use of perforator and propeller flaps in reconstructive surgery.

*M.A.Mateev (20 min.)*

Plastic surgery in orthopedics, traumatology and microsurgery. Private judgement.

*A.M.Borovikov (15 min.)*

The role of blood supplying osteoplasty in reconstructive surgery of limbs.

*A.I.Trukhanov (15 min.)*

Microsurgical tendon suture of finger flexors and peripheral nerves in case of acute injury.

*N.A.Baranov, I.A.Salov, V.V.Maslyakov, G.A.Korshunova ) (15 min.)*

The results of a new concept in the treatment of Dupuytren's contracture.

*A.A.Bogov, V.L.Filippov, R.F.Masgutov, V.G.Topyrkin, I.G.Khannanova (15 min.)*

Structural skin dynamics in the modeling of dermotension.

*E.S.Mishina, N.P.Omelyanenko, KA.Vovalev, A.V.Volkov, M.M.Smarchkov (15 min.)*

The use of autologous stromal cells of bone marrow after prolonged cryogenic storage with plastics of distraction regenerates.

*N.P.Omelyanenko, O.V.Kozhevnikov, V.K.Ilina, A.V.Ivanov, S.A.Rodionov (15 min.)*

The results of computer modeling and animation of arterial blood flow during reperfusion of the axial skin-fascial flap.

*V.F.Baitinger. (15 min.)*

*Discussion (10 min.)*

## 11:45-13:15

Symposium

Robot technology, endoscopy, general surgery in plastic surgery

*Co-Chairpersons: S.A.Vasilyev, Z.V.Kurbanova, A.V.Rybakin, S.V.Kashin*

NOTES are endoscopic technologies of the future for oncology, gastroenterology and plastic surgery.

*S.V.Kashin (15 min.)*

Robot-assisted surgery in aesthetic plastic surgery. Vector of development.

*A.V. Rybakin (15 min.)*

Reconstructive and plastic surgeries in purulent surgery in children and adults.

*V.A. Mitish (30 min.)*

Safety in plastic surgery: thromboprophylaxis.

*N.A. Golubkov, S.A. Chernyadiev, E.A. Komornik, G.A. Kolyvanov, V.V. Kuzmin. (Ekaterinburg) (15 min.)*

Multidisciplinary approach in the treatment of severe polytrauma including work of a plastic surgeon (on the clinical example of treatment of a 2-year-old child).

*Korostelev M.Y. (15 min.)*

## 13:30-15:00

Symposium

Plastic surgery in maxillofacial surgery. Facial nerve

*Chairpersons Novikov M.L. (Yaroslavl), Verbo E.V.*

Continuity of methods of reconstructive surgery in complex issues resolutions of plastic repair of facial defects.

*Verbo E.V. (20 min.)*

A new direction in Surgery of the facial nerve

*Shurgaya T.M. (15 min.)*

Repair of through defects of maxillofacial zone.

*Polyakov A.P., Ratushny M.V., Motorin O.N., Rebrikova I.V., Mordovskiy A.V. (15 min.)*

Opportunities and limits of microsurgical reconstructions for facial paralysis.

*Novikov M.L. (8 min.)*

Surgical treatment of paralytic lagophthalmos.

*Ya.O. Grusha (10 min.)*

Methods of protection of the ocular surface in paralytic lagophthalmos.

*Fetzer E.I. (7 min.)*

Paradigm change in the rehabilitation of the facial nerve neuropathy at the remote stages of recovery.

*A.Yu. Pashov (15 min.)*

The modern concept of using drugs with botulinum toxin A in the rehabilitation of patients with facial paralysis.

*Orlova O.R. et al. (15 min.)*

## 15:15-16:45

### Symposium

#### Body plastic surgery.

Co-chairpersons: *D.A. Sidorenkov, N.P. Korableva, V.I. Sharobaro, O.N. Nikitin, A.V. Tokayev.*

Surgical method of simultaneous correction in abdominoplasty with augmentation mammoplasty.

*M.I. Zhukov, O.V. Stefkivskaya. (10 min.)*

Procedures for rendering medical assistance in non-standard cases of deformations of anterior abdominal wall.

*E.A. Komornik. (10 min.)*

Modern obesity pharmacotherapy in actual practice.

*G. A. Manushakyan*

Experience of using the Bodyjet device in face and body liposculpting.

*G.M. Shamanaeva. (15 min.)*

Comparative characteristics of fat samples obtained by various methods of aspiration.

*S.A. Plaksin, N.I. Khramtsova. (10 min.)*

Algorithm for optimizing results and reducing the number of complications after abdominoplasty.

*S.Kh. Shedyshv (15 min.)*

*Discussion (15 min.)*

# Ukraina hotel, Hall Library

## Cosmetology

**09:30-11:30**

**Changing the paradigm – from ANTI-AGE to PRO-AGE**

*Festival of Professional Communities: Eurasian Society of Anti-Aging Medicine*

*Moderators: A.N. Ilnitsky, K.I. Proshchaev*

Medicine and age: on the way to overcoming ageism.

*A.N. Ilnitsky (15 min.)*

Modern educational programs in the training of PRO-AGE specialists.

*K.I. Proshchaev (15 min.)*

Peptide theory of aging and aesthetic medicine.

*V.H. Havinson (15 min.)*

A modern look at the clinic of predictive and anti-aging medicine. *A.I. Trukhanov (15 min.)*

Pineal gland and diseases associated with age, modern facilities of therapy.

*S.V. Trofimov (15 min.)*

Hyperpigmentation in people of different ages in the clinic of aesthetic medicine.

*E.V. Kudashkina (15 min.)*

Amino acids and the brain: focus on anti-ageism.

*E.I. Korshun (15 min.)*

Amino acid deficiency at different ages.

*K.I. Proshchaev (15 min.)*

**11:45-13:15**

**"From ANTI-AGE to PRO-AGE" – a new trend in ageing medicine**

*Moderators: A.N. Ilnitsky, K.I. Proshchaev*

Diet beyond the age.

*M.V. Koroleva (15 min.)*

Vitamin D and folic acid: moving from anti-age to pro-age.

*M.I. Zhilenko (15 min.)*

Biological age and accelerated aging. Correction programs.

*Ch.N. Mustafin (15 min.)*

*Discussion (15 min.)*

**14:00-17:00**

Clinical and anatomical course "Features of the injection cosmetology techniques in patients undergoing facial plastic surgery."

*K.E. Avdoshenko (pl. surgeon), O.M. Kapuler (cosmetologist), O.R. Orlova, L.R. Mingazova (neurologists) (120 min.)*

## Hall Almanac

**10:00-17:40** Workshop of the most famous speakers of the section for directors